

**A PROCLAMATION OF THE CITY COUNCIL OF THE CITY OF POMONA,
COUNTY OF LOS ANGELES, STATE OF CALIFORNIA,
PROCLAIMING NOVEMBER 2022 AS
“NATIONAL GRATITUDE MONTH”
IN THE CITY OF POMONA**

WHEREAS, as a Compassionate Pomona—in concurrence with the Charter for Compassion which the City of Pomona proclaimed on April 2nd, 2018—we continue to bring focus to thoughts and actions which promote compassion and inner and outer peace; and

WHEREAS, in alignment with the goal of compassion, Compassionate Pomona has identified “Gratitude” as a value which supports the Charter for Compassion, particularly as we recover from the health, economic, and social impacts of the Covid epidemic, and as we work to reconcile and heal institutional maladies; and

WHEREAS, the month of November has been recognized as National Gratitude Month, a time when we, as a nation, historically gather with loved ones to share and celebrate a Thanksgiving Holiday; and

WHEREAS, during this shared custom, we can choose to focus our thoughts as a community on life, health, family, and our neighbors, looking with an eye of appreciation, celebrating the value of others, those we love, those who are not like us, and those we don’t like; and

WHEREAS, contemplating our life journeys with gratitude makes us aware of the positive aspects of our existence and increases our sense of wellbeing, making us happier, healthier, better adjusted, more resilient, and encourages our sense of connection to our environment, and to our collective past-and-present, for better and worse; and

WHEREAS, gratitude can be a healthy practice, a deliberate form of participating in life; and

WHEREAS, there are ways to experience gratitude, like writing letters, keeping a gratitude journal, volunteering our time, making material donations, and supporting a cause; and

WHEREAS, for example, the Village Academy will conduct its youth project, “Say It Now”, in this spirit of gratitude; and local business programming, schools and governmental and non-profit services can also encourage ways to make thanksgiving gestures; and

WHEREAS, the City Council of the City of Pomona encourages all Pomonans to experience “Gratitude” through intention and action and to use “#valuesPomona” to share this movement on social media, thus integrating “Gratitude” into the daily life of our community.

NOW, THEREFORE, THE POMONA CITY COUNCIL does hereby proclaim

November 2022

as the

Month of “Gratitude”