

**A PROCLAMATION OF THE CITY COUNCIL OF THE CITY OF POMONA,  
COUNTY OF LOS ANGELES, STATE OF CALIFORNIA, PROCLAIMING  
MARCH 2026 AS “NATIONAL NUTRITION MONTH” IN THE CITY OF  
POMONA**

**WHEREAS**, food is the substance by which life is sustained; and

**WHEREAS**, the type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

**WHEREAS**, better nutrition is related to improved infant, child and maternal health, stronger immune systems, safer pregnancy and childbirth, lower risk of non-communicable diseases such as diabetes and cardiovascular disease, and longevity; and

**WHEREAS**, there is a need for continuing nutrition education and a community-wide effort to enhance healthy eating practices; and

**WHEREAS**, "Discover the Power of Nutrition" is the theme for National Nutrition Month 2026. Nutrition has the power to help individuals and communities thrive and discover how food and beverage choices can help power your day.; and

**WHEREAS**, City of Pomona and Cal Poly Pomona Department of Nutrition and Food Science encourage all Pomonans to join the campaign in an effort to achieve optimum health benefits from the transformative power of food and nutrition.

**NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF POMONA** does hereby proclaim March 2026 as

**“NATIONAL NUTRITION MONTH”**

Dated this 2<sup>ND</sup> day of March, 2026