

**A PROCLAMATION OF THE CITY COUNCIL OF THE CITY OF POMONA, COUNTY OF LOS ANGELES, STATE OF CALIFORNIA, PROCLAIMING THE MONTH OF MARCH 2018 AS “NATIONAL NUTRITION MONTH” IN THE CITY OF POMONA**

**WHEREAS** National Nutrition Month is a nutrition education and information campaign created annually in March by the Academy of Nutrition and Dietetics. The campaign focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits.

**WHEREAS** Pomona is the 18th most overweight and obese city in California,

**WHEREAS**, in October 2012, the City of Pomona adopted a HEAL resolution to recognize that obesity is a serious public health concern to the wellbeing of youth and families in the City of Pomona,

**WHEREAS** eating healthy, nutritious foods and being physically active are necessary to mitigate chronic illnesses such as obesity, heart disease, type 2 diabetes and stroke,

**WHEREAS**, there is a need for continuing nutrition education and a wide-scale effort to enhance healthy eating practices and physical activity within the City of Pomona,

**WHEREAS**, Day One and #WERUNPOMONA have an ongoing partnership to address the high levels of chronic illness caused by eating unhealthy foods and physical inactivity through community nutrition classes and hosting weekly #RUN TUESDAY night runs.

**WHEREAS**, during the month of March, Day One and #WERUNPOMONA will join dedicate the Tuesday night runs to National Nutrition Month by highlighting nutrition champions in Pomona and hosting FREE nutrition education classes before our runs, in hopes of igniting the conversation around healthy eating and making better food choices,

**NOW, THEREFORE, BE IT RESOLVED** that the City Council hereby recognizes food choices and physical inactivity are important to ensuring our residents in the City of Pomona have a healthy quality of life does hereby proclaim the month of March to be:

**“NATIONAL NUTRITION MONTH”**

In the City of Pomona and encourages all citizens to join the campaign and become concerned about their nutrition and the nutrition of their children, family members, friends and neighbors in the hope of achieving optimum health for both today and tomorrow.

Dated this 5th day of March, 2018.